



*Helping you piece your life
back together.*

Opioid dependence is a medical condition that impacts almost 2 million Americans. During the past decade, however, opioids have migrated into the cultural mainstream and have put new populations at risk. This medical condition can sometimes evolve from the misuse of appropriately prescribed medications for the treatment of chronic pain and, at other times, from recreational use.

Who We Are

About Us

We are a Family Practice Medical office that also assists patients with Opioid Dependence.

Contact Us

Phone: 402-483-7507

Web: eastlincolnhealth.com

Patient Quotes:

"I was so happy, so grateful that every day when I woke up in the morning it solved my same problem. It really took a load off my mind."



Medication
Assisted
Treatment

E | L | F | H | P
east lincoln family health professionals, pc

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Health Professionals, PC
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What Is MAT?

Medication Assisted Treatment is a program that uses medications, and most commonly combined with counseling and behavior therapy, to provide effective treatment of substance abuse disorders and help sustain recovery.



Medication Prescribed.....

Buprenorphine

Naltrexone

Buprenorphine-

Combination of Buprenorphine and Naltrexone

Our trained providers will decide which medication is the best treatment for you.

Medication helps retain patients in treatment and reduces illicit opioid use by suppressing withdrawal symptoms and decreasing cravings.

Treatment involves long-term follow-up and repeated care to be effective and prevent relapse.

Recovery is possible, but does not happen overnight. Support from family, friends, others around you can make a big difference.

Combining medication with psychosocial counseling helps patients begin to piece their lives back together.

Simple Facts...

41 people die Every day in the United States, due to prescription opioid overdose

73% of all opioid overdose deaths involve synthetic opioids (excluding methadone)

1 in 4 patients who are Rx an opioid for chronic pain misuses them

Signs of Opioid Addiction

- * Increasing dose; not following prescribed dose
- * **Running out of Rx early**
- * Trying to stop or decrease taking opioid, but not able to do so or for only short period of time
- * **Taking one drug to get over the effects of another drug**
- * Stealing drugs or money to pay for drugs
- * **Using drugs to deal with emotions**
- * Being scared of running out of drugs
- * **Overdosing on drugs**
- * Continuation of taking opioids even if taking them has caused serious problems- like difficulty keeping a job, relationship issues, or run-in with the law.



Either way,
there is Help.

Getting Help

If you or a loved one is suffering from opioid addiction, we can help.

Dr. Sawtelle and Alicia Buller, PA-C are certified providers to help with opioid dependence, using a Medication Assisted Treatment plan that can be done in the privacy of our office.

**Call our office at 402-483-7507
and talk to one of our staff
members for further
information and getting
scheduled.**